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Council On Aging Minutes 09/20/2012

ARLINGTON COUNCIL ON AGING
EXECUTIVE BOARD MEETING MINUTES (APPROVED)
SEPTEMBER 20, 2012

Members present: Joanne Morel, Annette Bender, Sue Culhane, Bill Carey, Ann FitzGerald, Ingeborg Reichenbach, Richard "Dick" Phelps, Mara Klein-Collins

Absent: Lucilia Prates, Assoc Members, Karen Nichols, Ann MacGowan

Guests: Christine Connelly, Marcie Shapiro-Ide, Al Logenberg
Executive Director Susan Carp on-teleconference

1. Call to Order by Joanne Morel, Chair at 4:05pm.

Three New members introduced as well as guests, Board.

2. Citizens Open Forum-

Town Day was well attended, Ann MacGowan interviewed

Some citizens for ACMI and her new program "On the Avenue". Comments were made about the need to redecorate the front lobby with pictures, paint, and message boards.

3. Minutes of June 21, 2012 meeting accepted. All in favor as written.

4. Report of Chair

Joanne reported on Coffee and Conversation run by Bill Murphy on the last Monday of month for volunteers to meet and receive updates on COA activities. She attended the luncheon on September 14, 2012 for Restaurant week. Charles Dawson provided guitar music. Several Board members attended. Town Day was following day. The Friends 5K race was a great success as well several Board and Assoc members were there for the festivities. Over 250 runners finished the last one was 80 years young! MCOA meeting is October 3,4,5, please let Susan know if interested in attending.

5. Executive Directors Report

Susan purchased "My Senior Center" software for statistical purposes. The new system, would obtain detailed information on types of services provided. All information is confidential. Thank you, Friends for your donation. The donation of \$3,000 covers costs, \$1200 initial purchase price, \$790 annual fee.

Arlington Cares Daily which is new system used to make up to 25 free calls to elders home bound, at risk for daily "wellness checks". She now has 17 Seniors for the program. "Soliciting Senior volunteers for After Hours" is a topic she and Bill Murphy will lead at a workshop at the Annual MCOA conference in OCT.4th.,2012

Susan collaborated with Arlington Housing Director, John Griffin and attended BBQ with Sue Culhane, Bea Barber at ACMI, Park Avenue Nursing and Salter Nursing Facilities, with Minuteman Senior Services for Diabetic Management series starting October 23,2012, Regent Theater for GEN SILENT a movie about LGBT community on November 4,2012,Art B. on SHINE program with ACMI, Mara offered to help with "Senior Notes". Susan has applied for the Lahey grant for Walk the Rink, 2013, Tai Chi,and exercise. These are the highlights of her report. Refer to

Executive Directors report for September 20,2012.Health Fair Committee to be formed next month.

July and August have light classes scheduled.

6.Reports

Annete B. offered to be liason with MinutemanSS.

COA liason to ASA- Sue C. Open to having new Board members attend ASA meeting 1st Friday of month upstairs, Ingeborg and Dick expressed interest.

ASA Liason to COA-Sue C. will request a representative. Ann MacGowan has filled this role.

Joint ASA,COA Boards meet once a month 1st Monday at 10:30 am the executive Boards both organizations sit down and work on dual issues such as newsletter costs, distribution. They also try to attend meetings and events both sponsor.

Membership Committee-Welcome to our three new members.

Friends of Arl. COA- the 5K Race on Sept.9, 2012 10 am. was a great success with over 250 runners, the last man in was 80 years young. Several members volunteered along with Susan, Art, Bill, Bob T .Joanne, Sue C.,Annette, Ann.

7. Unfinished Business

Health Fair April 27, 2013 Saturday name could be "Aging in Place"assisting seniors remain at home with supports. Sue is working on vendors. Mara has many ideas.

8. New Business

MCOA Conference Joanne and Ann will attend October 4, 2012.

Goals for the Board for 2013-Make Lobby more welcoming and bright. Work towards Meal site improvements, attendance, access to site, consider Warrant Article stipend \$10,000 for 2013, invite local restaurants to contribute ie Punjab, Pasha.

Dates to remember: October 19, 2012 Senator Donnelly, October 25, 2012 and SMP October 26, 2012.

9. Adjourn Motion made by at 5:50 pm.

Next Meeting October 18, 2012 4pm.

Respectfully Submitted

Ann FitzGerald, Secretary Transcribed from recording file A 22/23